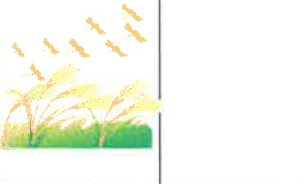


予定献立表・幼児食

Main table containing meal schedules for September 2020, organized by date (曜日) and day of the week (日). It lists menu items (メニュー), ingredients (食材), and nutritional information (栄養成分) for each day.



生活リズムを見直そう (Revitalize your lifestyle). Text explaining the importance of adjusting to the autumn season, including advice on sleep and outdoor activities.

夏疲れ回復のための食事 (Diet for recovering from summer fatigue). Includes a '9月' (September) calendar icon, a list of dietary tips, and illustrations of children.

■牛乳おやつは、お菓子類を提供しています。